

TRANSFORMATIVE PSYCHOTHERAPY, L.L.C.
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Social Media Policy

This document outlines my office policies related to use of Social Media. Please read it to understand how I conduct myself on the Internet as a mental health professional and how you can expect me to respond to various interactions that may occur between us on the Internet. If you have any questions, please ask. Thank you for taking the time to peruse this policy.

Friending/Following

I do not accept friend/follow or contact requests from current or former clients on any social networking site (i.e., Facebook, LinkedIn, etc...) I believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. Thus said, Transformative Psychotherapy, LLC has a page on Facebook and on Twitter. I have no expectation that you would want to follow my pages.

Opinions/Comments

Everyone has an opinion and I too at times give mine on the Internet and sometimes you may not agree with them. In session my opinions often may vary from that of my clients but this does not preclude me from working with you. I understand that while in session, my focus is on you and what you are going through in life. The therapeutic alliance will not be broken because you happen to be of one belief and I am of another. I am trained to be prepared for these things. There are times when this may not be the case because of a conflict of interest. In this case I would make you aware of it as soon as I am certain this may occur.

Email, Texting, Phone

I prefer only to use phone and email and I have a disclaimer on my email about the privacy of doing so. I use email to confirm appointments for the first session. I try not to use much detail, except in the rare circumstance. Texting is acceptable when you are running late. Otherwise I prefer email or phone contact. If you choose to Text for other reasons, you should expect an email or phone reply.

Business Review Sites

I only advertise online through my website and PsychologyToday.com. I have my business listing with Google as well. Some of these other sites include forums in which users rate their providers and add reviews. Many of these sites comb search engines for business listings and automatically add listings regardless of whether the business has added itself to the site. If you should find my listing on any of the other sites than what I have mentioned, please know that my listing is not a request for a testimonial, rating, or endorsement from you as my client.